

Justification for Continued Stay For Monthly Report Sample

The purpose of this document is to provide justification for ongoing level II BHRF placement for XXXXX as he continues implementing his current treatment goals and objectives. Since the age of XXXXX, he/she has been inconsistently implementing his treatment goals in individual, group and family interventions and milieu activities. XXXXX is highly impressionable and requires special individualized attention, and when challenged by his staff and peers, he struggles with effectively coping, partially due to his past trauma concerns. He continues to struggle with differentiating positive and deviant peer associations and when given opportunities, he leans in the negative direction and becomes easily influenced and a follower.

Furthermore, although XXXXX certainly benefits from structure (and greatly needs it), he requires ongoing structured interventions in his current settings, XXXXX become disruptive and mentally deteriorated through increased apathy, depression and helplessness. But with ongoing individualized attention from his therapist, he is able to more appropriately engage the treatment process,

It is clear that XXXXX requires the services of an inpatient residential group home (BHRF) setting and to address his psychiatric treatment needs including his significant co-occurring mental health (anxiety) and substance use concerns. He is unstable emotionally and struggles with remaining in the here and now and to focus on those things that matter most. It is recommended that he remain placed in his current level of care for ongoing care. While in the BHRF, he requires the daily structure with supervision and monitoring 24/7 to effectively address his negative mood, anxiety and past trauma concerns and substance use issues in an environment that is physically and emotionally safe. XXXXX needs the following treatment activities while in inpatient residential care (BHRF) to learn management of thoughts, feelings, anxiety concerns and actions, demonstrate positive coping and problem solving skills, display less intensity of mood shifts, substance use concerns and demonstrate appropriate interpersonal skills/self-esteem as well as to be able to function independently. Additionally, he will need to understand relapse prevention and 12 Step protocol as it relates to his transition and after needs.. He requires medication management from his medical provider as needed, participate in 1:1 individual therapy sessions with his therapist with his t 1x weekly in the BHRF, participate in group therapy 4x weekly in the BHRF, participate in daily psychoeducational groups in the BHRF, and daily milieu activities in the BHRF as well as monthly CFT Staffing meetings with his treatment team to discuss his progress.