

## Supervisor Working Alliance (SWA)—Supervisee Form

Name:

Your course title: COUN\_\_\_\_\_

Supervisor:

Instructions: Please indicate the frequency with which the behavior described in each of the following items seems characteristic of your work with your supervisor. After each item, circle the number corresponding to the appropriate point of the following seven-point scale.

	1	2	3	4	5	6	7
	Almost Never						Almost Always
1) I feel comfortable working with my supervisor.	1	2	3	4	5	6	7
2) My supervisor welcomes my explanation about the client's behavior.	1	2	3	4	5	6	7
3) My supervisor makes the effort to understand me.	1	2	3	4	5	6	7
4) My supervisor encourages me to talk about my work with clients in a way that are comfortable for me.	1	2	3	4	5	6	7
5) My supervisor is tactful when it commenting about my performance.	1	2	3	4	5	6	7
6) My supervisor encourages me to formulate my own interventions with the client.	1	2	3	4	5	6	7
7) My supervisor helps me talk freely in our sessions.	1	2	3	4	5	6	7
8) My supervisor stays in tune with me during supervision.	1	2	3	4	5	6	7
9) I understand behavior and treatment techniques similar to the way my supervisor does.	1	2	3	4	5	6	7
10) I feel free to mention to my supervisor any troublesome feelings I might have about him/her.	1	2	3	4	5	6	7
11) My supervisor treats me like a colleague in our supervision sessions.	1	2	3	4	5	6	7
12) In supervision, I am more curiously than anxious when discussing my difficulties with clients.	1	2	3	4	5	6	7
13) In supervision, my supervisor places a high priority on our understanding the client's perspective.	1	2	3	4	5	6	7

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|---|---|---|---|---|---|---|---|
| 14) My supervisor encourages me to take time to understand what the client is saying and doing.                   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 15) My supervisor's style is to carefully and systematically consider the material I bring to supervision.        | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 16) When correcting my errors with a client my supervisor offers alternative ways of intervening with the client. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 17) My supervisor helps me work within a specific treatment plan with my clients.                                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 18) My supervisor helps me stay on track during our meetings.   | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 19) I work with my supervisor on specific goals in the supervisory session.                                       | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

The supervisee for of the SWA has two scales, scored as follows:

Rapport: Sum items 1-12, then divide by 12

Client Focus: Sum items 13-19, the divide by 6.

Any additional feedback supervisee would like to provide can be added below

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